



# Support material for *Get Messy!*

May-August 2022

## **May: Pillar of comfort**

#### **Mealtime card**

- How do you think it would feel to have to escape your home?
- How does God show us that he is close to us?
- How have you felt God's comfort?

#### Question to start and end the session

So... how do we know that God is with us?

#### **Social action**

Connect with a local refugee support organisation to find out how you can practically support those fleeing their homes, perhaps with a clothing or toy collection or supporting hosting provisions.

## **May: Pillar of comfort**



Support material for use with *Get Messy! May–August 2022*. Downloaded from **messychurch.org.uk/getmessymay22**. Published by BRF.

#### **Mealtime card**

- Have you ever been pond dipping? What did you find in your net?
- What is your favourite Bible story about Jesus?
- How can we be 'fishers of people'?

#### Question to start and end the session

So... what new purpose or job did Jesus have for the disciples? Could it be to tell others about him? What is Jesus' job or purpose for us? Could it be to tell others about him also?

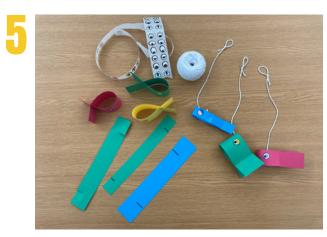
#### Social action

As a family think of one thing to do each week that will MAD (Make a Difference) in your community, e.g. litter picking or donating to a foodbank.













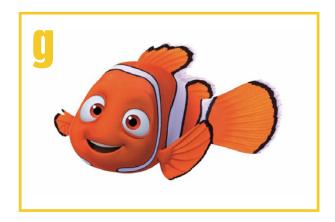






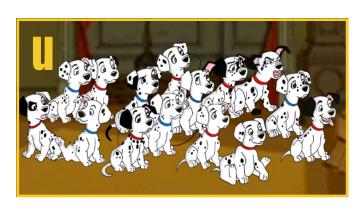
Find the letters to make the word on the pictures of their children. Put them in the grid.











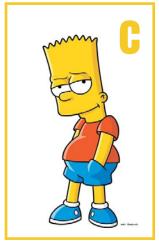










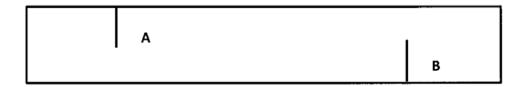


#### **Handful of Fish Instructions**

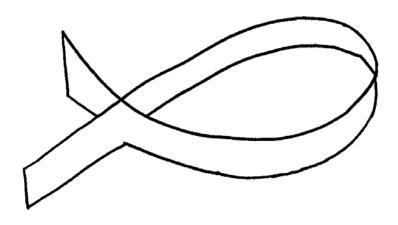
Strip of A5 coloured card. Cut lines as shown below:



Twist the card and feed slot A into slot B:

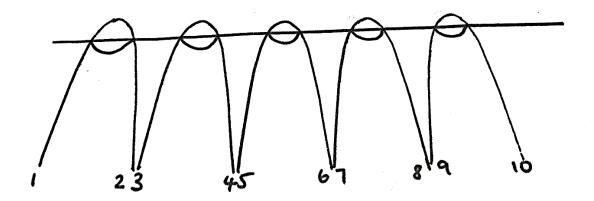


You should now have a fish shape:

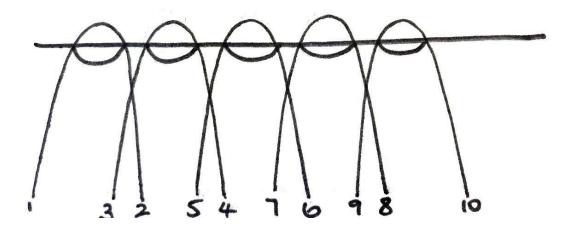


#### **Macrame Prayer Net Instructions**

Take a twig and five long lengths of string. Put the ends of one length of string together and make a loop at the centre of the string, feeding the two ends through the string and pull to secure the string to the twig. Repeat with the four remaining lengths of string.



You will now have ten lengths of string attached to your twig, shown numbered above. Take string number 1 and tie it to string number 2, then string 3 to 4, 5 to 6, 7 to 8 and 9 to 10.



Then follow the pattern of knotting the strings together using this formula:

2+3, 4+5, 6+7, 8+9 then 1+2, 3+4, 5+6, 7+8 and 9+10.

### July: Zac's up the tree

#### **Mealtime card**

- Have you ever felt lonely? What things helped you to feel happy and part of a community again?
- How do you recognise when someone might be lonely?
- What are some things that you can do to support other people when they feel lonely?

#### Question to start and end the session

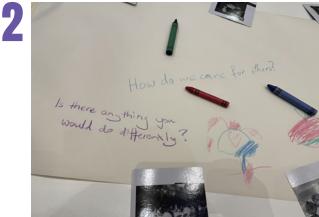
So... what are some practical ways in which you can include those who are often excluded in society? How can you help everyone you meet experience Jesus' radical inclusion and love?

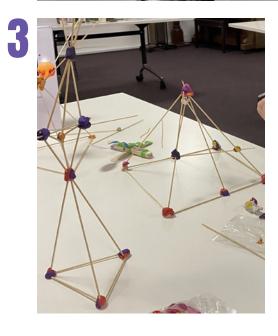
#### **Social action**

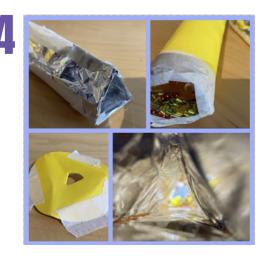
Who are the people who are marginalised in your local community? What do you need to learn (or unlearn) to understand the experiences of different communities? How could you use your privilege to shift the dial for these groups? How could your Messy Church make a difference, e.g. who could your Messy Church befriend?

# July: Zac's up the tree















## **August: Forgiveness is a loving action**

#### **Mealtime card**

- · Have you ever forgiven anyone? How did that feel?
- Have you ever had to ask for forgiveness for something? How did it feel when you were forgiven?
- How can we make a difference to the world by showing mercy and forgiveness? What would the world look like if we all forgave each other?

#### Question to start and end the session

So... what does forgiveness look like? How can we show forgiveness? How do we ask for forgiveness?

#### **Social action**

There is so much injustice in the world. There are so many situations that need God's grace, forgiveness and mercy. Why not look into the work of an overseas mission charity like All We Can or Christian Aid and see how we can support them as a Messy Church community?

## **August: Forgiveness is a loving action**

















