



Mother's Day

By Dawn Savidge

The Bible is full of stories about amazing women who listened to God and looked after his children. Sometimes the women did not have their own children, but instead looked after other people's children. Sometimes they had to wait until they were very old to have their own children. We are going to look at some of those women.

Activity time

Try these activities and see if you can start guessing what might happen in our story today. If you can't get exactly these materials, just see what you can find around the house instead!

1 Safely hidden



You will need: an empty plastic bottle; sticks and twigs; a piece of string

Get an empty plastic bottle and cut off the two ends. This might be hard to do, so you might need an adult to do this part. Be careful not to cut yourself on the edges. Gather some sticks and twigs. Pop them into your bottle so the ends of the sticks are hanging out over the sides. Tie a piece of string around the outside of the bottle, leaving a long end. Attach your bug hotel to a tree. Go back in a week's time and see if any bugs have made a home in your hotel.

Talk about Jochebed, who was Moses' mum. She lived in a very dangerous time when it was not safe to be pregnant or give birth. Jochebed knew that her child was special and that God had given her baby a special job to do. So she had to come up with a daring plan to save her baby. When Moses was born, Jochebed hid him and God saved Moses. I wonder what it would be like to be hidden. Would you feel scared, worried, safe, warm, cold? Jochebed hid Moses when he was first born. Do you think it would be easy to hide a baby?

2 Rainbow promise



You will need: a piece of kitchen paper; felt-tip pens; two glasses of water

Fold your kitchen paper in two. Draw a rainbow on both sides of the paper (see photo). Fill two glasses with water. Pop both rainbow ends of the paper into each glass. Watch as the rainbow grows across the paper.

Why not try this science experiment with different temperatures of water? Does it make the rainbow grow faster? This is called capillary action and scientists use it for separating different parts of a mixture.

Talk about how the rainbow is a sign of God's promise. During the pandemic, lots of people have been using rainbows as a sign of hope. There is a story in the Bible about a lady called Hannah. She really wanted a child. One day, she prayed that if God gave her a son, she would bring him back to the temple to be brought up to do God's work. When Hannah became pregnant, she was so excited. But she remembered the promise she made to God and kept that promise. I wonder what promises you have made and kept.

3 Explosion of joy



You will need: a piece of paper; felt-tip pens; scissors

Either print out the template at the end of this PDF or make your own template using the picture above. Cut it out and colour it in. Draw pictures and write messages to the person you are writing to. Fold it up into a square, with the hearts folding in on top. Give it to your mum or a good friend. When they undo it, it should 'explode' and give them a surprise.

Talk about Elizabeth, who was John the Baptist's mum. She was very old when she became pregnant with him. When God told her that she was going to have a baby, she was so full of joy. I wonder what has made you really joyful recently. What do you do when you are full of joy?

4 Laughing can



You will need: a plastic pot (yoghurt pot, plastic cup); scissors; a piece of string

Wash out a plastic pot. Pop a small hole into the bottom of it and thread a piece of string through. You might need an adult to do this part, as it can be hard to do. Tie a knot in the end so it doesn't fall through the cup. Hold the cup in one hand. Wet your other hand with water. Slide your hand down the string. Does it sound like it is laughing?

Talk about how, when God told Sarah that she was going to have a baby, the first thing she did was laugh. Sarah was very old and had given up hope of ever having a baby. But God knew what her heart wanted and he had a plan. I wonder what you have laughed at lately. Laughing is good for us. What can you do to make other people laugh?

Celebration

Why don't you explore all the Bible stories mentioned during activity time? Read each one and chat about what they might mean to you.

- [Exodus 2:1-10](#) (Jochebed)
- [1 Samuel 1:1-20](#) (Hannah)
- [Luke 1:5-25](#) (Elizabeth)
- [Genesis 18:1-15](#) (Sarah)

Songs

Enjoy these songs together:

- Nick and Becky Drake – ‘Big family of God’
- Sinach – ‘Way maker’
- Hillsong Kids – ‘Every move I make’
- Go Fish – ‘Mom song’

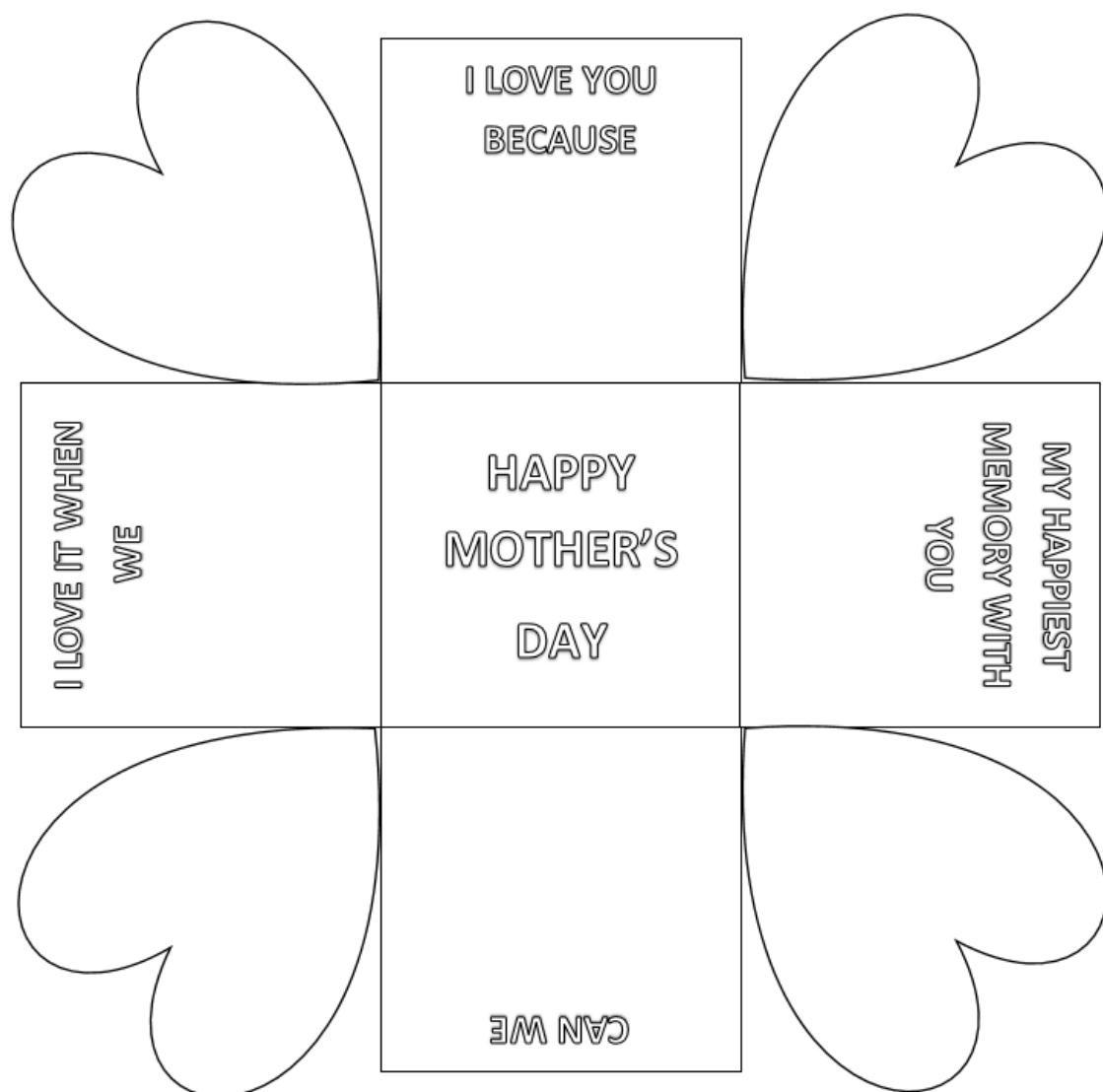
Creative Prayer

God created us to be part of a family, and he thinks your family is a star family – whether that’s a family that we are born into or a family that we are part of, like our church family. God loves every one of us. Get a piece of paper and write down the names of the people in your family. Trace the names over with glue and then add glitter to their names, or use sticky stars or draw stars over the paper. As you write each name, pray and thank God for every one of those people in your family.

You could say the [Lord’s Prayer](#) and the [Messy Grace](#).

Mealttime

As it is Mother’s Day this month, why not make a special meal? In normal times, mums might go out for dinner to a special restaurant and have afternoon tea or a roast dinner. I am sure that most mums would like to eat cake, too. Why not try making a special picnic at home? You could even make a menu like they have in cafes and restaurants. I wonder what you would like in your picnic.



I LOVE YOU
BECAUSE

HAPPY
MOTHER'S
DAY

CAN WE

I LOVE IT WHEN
WE

MY HAPPIEST
MEMORY WITH
YOU