



Messy Church Does Science

Take-home ideas

You can find all web links at www.messychurch.org.uk/scienceathome.

5. Human body

Go for a walk together or play a 'catch' game. Talk about how your legs feel (and your feet, your heart, your lungs) when you've been exercising. Ask: which bit of the body do you find most amazing? Tell God about how that makes you feel.

Experiments to do at home

- Explore your perceptions (proprioceptions): www.rigb.org/families/experimental/proprioception.
- Test your body's rhythms: www.faculty.washington.edu/chudler/clock.html.
- Magic tricks for your body: www.youtube.com/watch?v=aXaQ9WgxOso.

Make a difference in the world

Give some money to a charity which works to combat a disease you hate.