



Authorised Mess — RUTH

Your details

Name: Sharon Lakin, Denise Langham

Church: River of Life, Worthing

Bible book	Ruth
Theme of session	Loyalty, love and harvest
Notes	

Session details

Categories of activities to get a mix	Activity name	Instructions	Resources needed	Reason for doing this activity
Younger participants	Paper plate scarecrow	Cut out the parts of the template before your session. Arrange the pieces and stick in place.	Template for scarecrow, paper plates, glue sticks. The template can be found at: http://www.dltk-holidays.com/fall/mplates_carecrow.htm . Print out in colour.	The harvest theme activity reminds us that God provided and showed love and care for Ruth and Naomi.
Younger participants	Tissue paper hearts	Cut out large hearts from the card. Use light pink tissue paper scrunched up to make a small heart in the centre and darker pink/red tissue paper to fill the rest of the heart.	Card, light pink tissue paper, dark pink tissue paper, glue sticks.	To remind us of the love story between Ruth and Boaz, and how God was in control of the situation.



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Older participants/Boys	Necktie scarecrow	Make the scarecrow using the instructions from the Internet. Note: this is quite fiddly for younger children.	Bamboo sticks, old ties, string, yellow wool, old tights, stuffing, pens. Detailed instructions can be found at: http://www.dltk-holidays.com/fall/crafts-scarecrows.htm .	The harvest theme activity reminds us that God provided and showed love and care for Ruth and Naomi.
Girls	Friendship boxes	Wrap the box with pretty paper, then stick the printed poem to the box. Decorate the box with a ribbon and give to a special friend.	Small boxes, wrapping paper, Sellotape, glue sticks, ribbon/bows. Poem downloaded from: http://crafts.kaboose.com/friendship-box.html .	To remind us of the friendship between Naomi and Ruth, and how Ruth was loyal to Naomi.
Word-based	Soda bread	Get people to make a batch of soda bread working in groups of, say, 4. (Or you could get people to make smaller rolls if you can divide up the tasks more.) We got everyone to make their rolls and put them in the oven while they were having their tea. Take home in a freezer bag.	Plain white flour, plain wholemeal flour, porridge oats, bicarbonate of soda, salt, butter, buttermilk. Baking sheets, greaseproof paper, pencils, knives, mixing bowls, scales, freezer bags. A recipe for soda bread can be found at: http://www.bbcgoodfood.com/recipes/1432/irish-soda-bread .	Making this bread reminds us of the harvest in the story of Ruth. The cross is a Christian symbol and reminds us of Jesus. Ruth was the great, great, great (lots of times!)... grandmother of Jesus.



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Food-based	Heart biscuits	Decorate the biscuits with the icing and sprinkles.	Heart-shaped biscuits, bought or baked. Pink butter icing, sprinkles.	Talk about how the story of Ruth shows love (Ruth/Boaz, Ruth/Naomi, God/Ruth/Naomi).
Explores global aspect of faith	Ruth model	Cut out the parts of the Ruth model before your session. Stick the body part around the toilet roll tube. Add the other parts to make a 'Ruth'.	Toilet roll tubes, glue sticks. Template for Ruth model, which can be found at: http://www.dltk-bible.com/mruth.html . Print out in colour.	Talk about how Ruth was a foreigner in Naomi's country. She was different from everyone else. She was brave and also decided to follow God as Naomi did. Talk about how others can be foreigners/are different, and how having a faith in God can help and give you courage.
Explores global aspect of faith	Corn collage	Stick lollystick to the back of the cob and leaf. Stick scrunched up balls of green tissue paper to the leaves. Stick popcorn to the cob.	Corn cob and leaf outlines, on white card, pre-cut. Popcorn. PVA glue, sticky tape, lollysticks, green tissue paper.	Talk about harvest. Explain how some people are dependant on the harvest and how, if the harvest fails, they can be in trouble and face tough times.



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(Potentially) Really messy	'Pop' corn	Use popcorn machine to pop the corn (according to machine's instructions). Use mixing bowl to mix in butter and sugar. Take home in a labelled freezer bag.	Popcorn kernels, popcorn machine, butter, sugar. Mixing bowl, freezer bags. Labels and pen.	The kernel looks like a small, insignificant seed—it looks like it does nothing much. Yet it produces something much bigger and more exciting. God could see the potential in Ruth and used her to create the most amazing family tree ever!

Celebration suggestion

Retell the story using knitted figures. We used crunched up shredded wheat spread across a yellow 'field' for Ruth to collect during the harvest part.

Song: 'King of love' (We used *Duggie Dug Dugs's Action Songs Vol 1&2*. This DVD is available from www.eden.co.uk.)

Meal suggestion

- ✿ Sweetcorn and tuna pasta bake.
- ✿ Heart biscuits (made in the activity).

Faith in Homes suggestion

- ✿ Take home the sheet retelling the story and explaining the crafts.
- ✿ Thank God for your family and for the things he provides.
- ✿ Pray for those who have to leave their countries.