

What was said? (*paraphrase insightful/striking/unusual questions and comments about the content of the session - do not include real names, but note if these were made by an adult leader, adult attendee, young person leader, young person attendee or a child*)

What we noticed? (*note down your observations about the group - what feelings did you observe during the different parts of the session? e.g. Enthusiasm? Scepticism? Interest? Searching? What attitudes or behaviours did you observe? e.g. Kindness? Generosity? Trust? Serving others? Care for our world? Love for one another?*)

Where do you notice God at work? (*this can be a hard question to answer but have a go - if you don't know where to start, it might help to ask each other what feels *life-giving* about Messy Church and the approach you're working with?*)

What do we do with our reflections? Keep them safe. Revisit them as a team every six months or once a year to reflect on your experience and shape your future practice. Why not decide to exchange your reflections with another Messy Church and ask them to prayerfully discern what they identify as important to note? Or share them with anyone who acts in a supportive or supervisory role to your team.