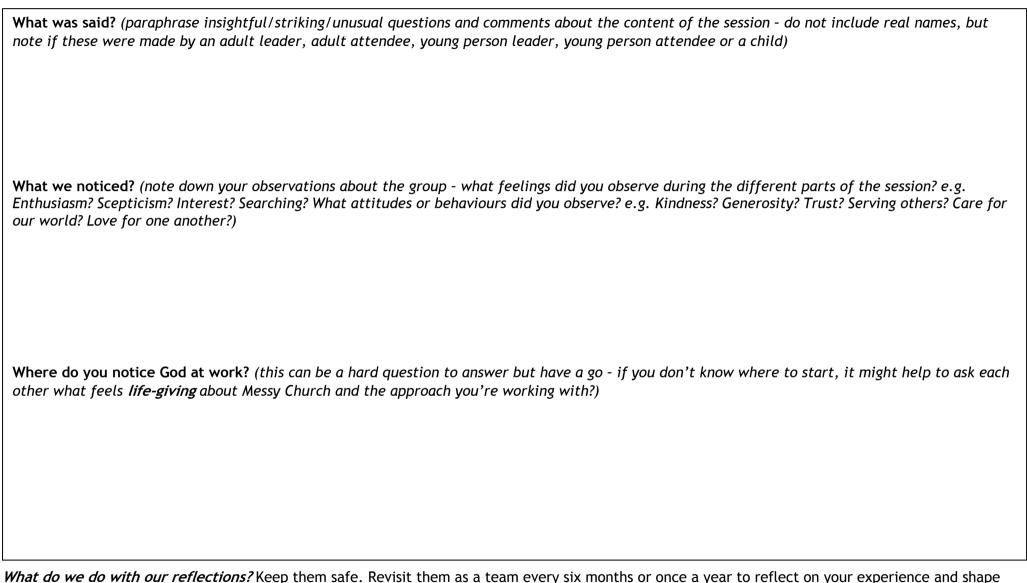
## **Our Deepening Discipleship Reflections**



Messy Church name:	Discipleship strand: Date:
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What we did (a summary of this activity/session):	How did it go? (What worked well? What would we do differently? Include any reflections on the planning of the session)
Which 'islands' did you explore?	
How many of us were there?	
Leaders:	
Adult attendees (ages 16+):	Who is filling out this form? (your first names)
Young people attendees (ages 12-15):	
Children (ages 0-11):	





What do we do with our reflections? Keep them safe. Revisit them as a team every six months or once a year to reflect on your experience and shape your future practice. Why not decide to exchange your reflections with another Messy Church and ask them to prayerfully discern what they identify as important to note? Or share them with anyone who acts in a supportive or supervisory role to your team.